

baptist bible college
CLARKS SUMMIT, PA

www.bbc.edu

800.451.7664



Dear Parents:

As the new school year quickly approaches, I want to introduce you to the campus food service.

The cafeteria at Baptist Bible College is operated by Pioneer College Caterers, Inc. We specialize in contract food service at Christian college campuses throughout the United States. Our main purpose is to provide your student with the highest quality food and service possible at a reasonable price.

We work to insure that your son or daughter is provided with a well-balanced and varied menu which includes: fresh fruit, many cereal selections, a large 20-item salad bar offering low fat selections, assorted beverages, hard-dipped ice cream, two fresh entrees at every meal, a homemade soup of the day, carved roasted meat two times each week, and many self-serve specialty bars such as: deli sandwiches, nachos, pasta, baked potatoes, and much much more. We provide weekly monotony breakers, monthly specials, and special treats during exam week. We also strive to heighten the student's awareness of nutrition through our nutritional awareness program.

We have gift packages available to your students as well as special gift packages that are available for new students in August and for final exams in May (separate mailings to follow).

Even with our best efforts put forth, I'm sure that there may be times when you have a question. Please feel free to contact me at 570.586.6854 or at chubosky@bbc.edu. I would be happy to help any way that I can.

Thank you for the opportunity to serve your student this year. We are looking forward to a fantastic semester!

Sincerely,
Chris Hubosky
Director of Food Services

Current Program Features Offered

At All Meals We Offer:

- a large assortment of fresh fruits
- cereal bar (12 varieties)
- hard-dipped ice cream and frozen yogurt (8 varieties) as well as soft-serve ice cream or yogurt
- beverage bar (15 varieties)
- assorted canned fruits, puddings, pastries or desserts
- self-serve Belgian waffle bar with assorted toppings

Breakfast: (self-serve)

- scrambled eggs
- eggs cooked-to-order
- breakfast meat or hash browns
- pancakes, waffles, or French toast (assorted toppings) & breakfast sandwiches
- hot cereal
- fresh fruit juices (including orange juice, grape juice, and grapefruit juice)
- assorted breads and pastries with jelly and spreads
- make your own omelets
- make your own crepes with fruit fillings and toppings

Lunch:

- two fresh entrees
- appropriate starch or side dish
- hot vegetables
- soup of the day, plus chili daily
- new self-serve program
- new pizza station and Campbell's soup program
- Plus...
 - large salad bar with lite line to include fresh fruits, lite jello, lite canned fruits, lite cottage cheese, and fat free salad dressings.
 - deli bar offering meats, spreads, cheeses, and assorted breads
 - self-serve hot dog/chili nacho bar with cheese and salsa
 - block cheese & crackers
 - smasher station

Dinner:

- two fresh, hot entrees
- carved roasted meats, two nights per week plus Sunday noon
- steak night once a month on Wednesday with appropriate potato
- two choices of hot vegetables
- potato and pasta bar
- new self-serve program
- new pizza station and Campbell's soup program

Pioneer College Caterers

*is proud to present an introduction to
our nutritional awareness program*

A Matter of Choice

We have developed our unique, copyrighted nutritional awareness program as part of the total service we provide our clients. The program will inform our students, faculty, and staff about the choices they have in their diet—and how these choices can affect their health. We have felt the obligation to help our “customers” make their dietary choices count toward their total wellness.

We designed the program under the direction of a physician and a dietitian, who are available to consult with Pioneer at any time. The program has many different facets:

- 1** A handbook titled “Your Foodservice Presents A Matter Of Choice, Proper Nutrition—a Key To Better Health”. A copy of this book is given to each boarding student at the beginning of the school year. It discusses some basic facts about nutrition such as dietary guidelines, the food pyramid, nutrients, and much more.
- 2** A specific emphasis on fat grams as a way to healthier eating. Each service area will have a listing of foods served, recommended serving sizes, and the fat grams per serving. These will serve as handy reminders to our diners about the importance of restricting fat in their diet.
- 3** Framed wall hangings containing more nutritional information. During the school year, we will add to the variety of these wall hangings. Look for them on the cafeteria walls and use them as daily reminders of the healthy choices available.
- 4** Monthly newsletters that highlight a new topic, or topics, in each issue. They cover subjects such as exercise, stress management, vitamins, our junk food diet, and many others during the course of the year. In addition to a featured topic, the FYI section lists nutritional “factoids” gathered from many sources such as diet and nutrition newsletters and trade publications. Look for the seven new editions during the school year.
- 5** Nutri-Notes table tents are sent to our clients each month along with the monthly newsletters. They serve as interesting reminders about some new facet of wellness. They are a very visible part of our program and serve to keep the whole program in front of our students’ eyes.
- 6** An attractive display area that is the focal point to our managers, so that they can help a student with a particular question that might not be covered in the other aspects of our program.
- 7** Other source materials will be provided to our managers, so that they can help a student with a particular question that might not be covered in the other aspects of our program.
- 8** Through our website, www.pconline.com, you have 24-hour access to a registered dietitian for confidential responses to nutritional questions and links to other websites related to all aspects of nutrition. We can make the additional support of a dietitian available to any of our clients, on a consulting basis, if required.

We will strive to make this program another part of your student’s preparation for life. Our goal is to help students make a commitment to a healthy diet—one that they will carry with them for the rest of their lives!

Surprise that student of yours with a special treat. The food service department at Baptist Bible College presents ...

Special ways to stay in touch !

Is your son or daughter going to be spending a special holiday or birthday away from home? Do they need a "perk up" treat? How about surprising your student with a special treat as a gesture of your love and support during the school year!!! Pioneer College Caterers offers several items that we will deliver to your student's dorm on the special date(s) you desire ... birthdays, holidays, mid-terms and final exams. All of the following are available for delivery!

Orders should be placed at least two (2) weeks in advance using the order form on the next page.

Cookies by the Dozen

Cookies—\$2.50/dozen

Delicious fresh baked cookies come in four great flavors!

- Chocolate Chip
- Peanut Butter
- Sugar
- Oatmeal

Personalized Birthday Cake

1/4 Sheet (serves 12-15) —\$16.95

1/2 Sheet (serves 20-30) —\$24.95

Cake flavors:

- Chocolate
- Yellow
- Marble

Super Survival Pack

Super Survival Pacs— \$17.95/each

This wonderful assortment of brand name snacks is sent in a sturdy wicker basket.

- Carton of Tropicana Orange Juice
- Lipton Cup-o-Soup
- Fritos Corn Chips
- Nabisco Oreo Cookies
- Act II Microwave Popcorn
- Lifesavers
- Skittles Bite Size Candies
- Granola Bar
- Fresh Fruit
- Hot Chocolate
- M&M's Peanut Chocolate Candies

No substitutions, please

Fruit Basket

Fruit Basket—\$9.95/each

This assortment of fresh fruit is sure to be a refreshing treat for any student!.

- 3 Apples
- 3 Oranges
- 1 Grapefruit
- 3 Bananas
- Seasonal Fruit

Order form on following page.



Order Form for Pioneer Food Service Special Treats

Placing an order is simple:

1. Make your check or money order payable to Baptist Bible College for the appropriate amount.
2. Mail this completed order form and check to:

Pioneer College Caterers • Baptist Bible College • 538 Venard Road • Clarks Summit, PA 18411
Phone 570.586.6854 • Fax: 570.586.8467 • Email: chubosky@bbc.edu

Be sure to mail all orders at least two weeks in advance.

Deliver to _____

Dorm and Room Number _____

Delivery Date _____

Qty	Description	Price	Amount
	Cookies by the Dozen <input type="checkbox"/> Chocolate Chip <input type="checkbox"/> Peanut Butter <input type="checkbox"/> Sugar <input type="checkbox"/> Oatmeal	\$2.50/dz.	
	Super Survival Pac	\$17.95	
	Fruit Basket	\$9.95	
	1/4 sheet cake <input type="checkbox"/> Chocolate <input type="checkbox"/> Yellow <input type="checkbox"/> Marble	\$16.95	
	1/2 sheet cake <input type="checkbox"/> Chocolate <input type="checkbox"/> Yellow <input type="checkbox"/> Marble	\$24.95	
		Total Due	

Icing message on cake to read: _____

Please personalize my order as follows: *(We will attach this message to your student's care package)*

Order placed by:

Name _____

Date _____

Phone _____